

iRock ADVENTURES

LEADERSHIP CAMP EXPERIENCE



Leadership Adventure

Every day kids face challenges and negative peer pressure that can impact their lives and how they make decisions. What if you could help guide those decisions by encouraging them to be leaders rather than followers. Leadership isn't just for those who are outgoing and charismatic. It isn't based on any personality type or tied to any age or background. Instead, it's a set of skills that everyone - including kids - can learn to help them succeed in all areas of life.

Jesus was the perfect leader as we read in Hebrews 2:10 (NLT). Jesus had a goal that needed to happen and it required the help of other people. As a leader he wasn't focused on just his own efforts, but rather how to inspire and motivate a team of believers to achieve His goal so that none would perish but all would have eternal life.

We need to show kids that they too can be a leader. By helping them recognize their potential and developing their leadership skills we can empower them to make good decisions on their own as they grow.

During Leadership camp we can let kids know that we believe in what God has planned for their lives and give them the confidence to stand firm in their faith walk with Jesus. I am looking forward to pouring into a generation of kids that will eternally impact the world for Jesus.

Terry Williams - iRock Ministries
Children's Missionary

LEADERSHIP ADVENTURE CAMP

Hebrews 2:10 - "And it was only right that God—who made everything and for whom everything was made—should bring his many children into glory. Through the suffering of Jesus, God made him a perfect leader, one fit to bring them into their salvation." (NLT)

Description and Purpose

iRock Adventure Camp is a ministry designed to develop the knowledge and skills of participants on leadership and how they can apply them to their faith walk. This camp, operating in conjunction with Cedar Ridge Adventures, is composed of a series of activities that will develop the students' critical thinking, problem-solving skills, and communication skills, among other topics. It also helps participants understand the importance of planning, persistence and determination in their personal and spiritual lives.

The goal of this camp is to empower participants in such a way that they will want to become leaders and use these skills to build God's kingdom.

Highlights: One of the best features of this type of camp is the hands-on and individualized training that students will get. Aside from the high and low ropes course, team-building sessions and fireside chats, they also get to work on group projects that will allow them to practice what they have learned from the camp.

Learning Skills: Campers will learn that leadership is an "action" not a position. The camp will connect leadership to servanthood, stewardship and evangelism and seeks to build up the confidence of a person so that they can become more successful leaders.

Academic Benefits: The primary academic benefit of this camp is that it makes it easier for a child to be a leader in the class. Skills learned from this camp can be used for group and class projects, and any other work that requires teamwork and team building.

Don't Hesitate!

Our camp has limited spaces available and will fill up quickly so if you're interested, please contact me as soon as possible to reserve your date.

WHAT YOU NEED TO KNOW BEFORE COMING....

ELIGIBILITY TO ATTEND

Students currently enrolled in 5th-7th grades and have made a commitment to follow Jesus are eligible to apply. Students should display characteristics of leadership or possess the qualities that could be developed into a leader. Students must be open to explore and stretch themselves emotionally, physically and spiritually.

COST INVOLVED

The cost per applicant is \$120 and includes room, board, activity materials, high and low ropes course certified instructor fee, and an iRock Adventures t-shirt.

HOW TO RESERVE YOUR SPOT:

Visit <http://irockministries.com/training/adventure-camp/> for more information. Spaces are limited and will fill quickly so check dates and availability by calling Terry Williams at 301-992-5394. Once availability is confirmed, you will need to download and complete the application. As soon as we have received your application and registration fee you will be contacted if you have been accepted or not. If the camp has already reached capacity your registration fee will be returned. Registration is on a first come first served basis.

HOW DO WE PREPARE FOR A LEADERSHIP ADVENTURE?

PRAY! Shortly after your application is accepted, you will receive the 10@10 Focus Points. We ask all campers and their prayer warriors to spend 10 minutes in prayer every day at 10:00 am. The focus points are some of the things you can pray for during that time.

TRANSPORTATION

Transportation to and from the camp location is the responsibility of the individual or church.

WHAT WILL WE BE DOING?

The weekend will consist of high and low ropes course, challenge course activities, team building initiatives and leadership development. Campers will also be spending time in prayer and devotions, chatting around the evening council fire and making preparations to cook and serve all camp meals. Activities will be led by either certified Cedar Ridge Adventures staff or iRock Adventures staff.

TESTIMONY:

We would like each person to be prepared to share his or her faith at any time and why they wanted to be part of the Leadership Adventure.

ACCOMMODATIONS:

Campers and staff will be staying in cabins that are both heated and air conditioned. Shared bathrooms and showers are separate. Each camper will need to supply their own sleeping bag or bedding, pillow and towels.

WHAT ARE THE MEALS LIKE?

Campers will be preparing and serving 3 meals each day under the supervision of the camp staff. All meals will be home cooked and served cafeteria style. Please make our staff aware of any special dietary needs in advance and we will try our best to accommodate.

DRESS CODE:

While on the trip, you are representing iRock Ministries and a Christian lifestyle. It is very important that all team members dress modestly and in a way that does not draw attention to themselves. Please keep in mind that activities will be somewhat strenuous and could require climbing, lifting and crawling.

CAMP RULES AND GUIDELINES

- Campers are asked to stay within the confines of the course area or within the designated activity area.
- Profane language and/or jesting are strictly forbidden.
- Electronic devices are NOT allowed during camp. (i.e. mp3 players, tablets, electronic games, cell phone, etc.) These items will be confiscated and not returned until the end of camp.
- Fighting and/or acts of aggression toward fellow campers and/or staff will be considered grounds for immediate dismissal.
- Campers are NOT to operate any ropes course stations without Cedar Ridge staff supervision.
- It is not necessary to pack snack items. Snacks will be provided every day as part of the camp experience.
- Campers are asked to only use the designated restroom facilities and only use the appropriately marked unit.
- Campers are expected to implicitly follow any direction or instruction from either the iRock Adventures or Cedar Ridge Adventures staff.

Please help us keep the grounds beautiful! Place all trash in the proper receptacle and sort recyclables into designated containers.

CAMP STAFF

Camp Director: Terry Williams
301-992-5394 cell
terry@irockministries.com

Team Director boys: TBA

Team Director girls: TBA

WHAT YOU NEED TO BRING WITH YOU....

1. Personal Hygiene Items – Please bring your own personal hygiene items such as shower items, daily hygiene items, insect repellent and sunscreen.

2. Adventure camp clothes – non-restrictive, loose fitting clothing such as jeans, sweatshirt, hooded jacket, t-shirts and pajamas. Extra change of clothes may prove valuable in case of rain showers. **NOTE:** One Adventure Camp t-shirt will be provided

3. Shoes – Athletic or other shoes appropriate for running, hiking and other adventurous activities. Tennis shoes make an excellent choice of foot wear. Open-toed shoes are NOT permitted on the challenge course

4. Outer wear - Rain gear, sunglasses, and hat - You will be spending a great deal of time outside during the day, rain or shine.

5. Bible, Pen and Notebook Paper – You will have a designated time for prayer and devotions. We encourage you to journal during your time. You will be surprised how often God will do a work in your own life and you will not want to forget those life changing experiences.

6. Refillable Water Bottle – We will be away from running water most of the day and we want to ensure that everyone stays hydrated during activities.

7. Bedding – Bring your own bedding; sheets, blanket and pillow or sleeping bag.

8. Night life - Don't forget a flashlight and folding lawn chair for around the campfire and late night activities.

9. Willing Hearts – Be prepared for God to reveal something about you over the weekend. Sometimes the smallest venture makes the biggest impact.

Student Application

iRock Adventures
April 2016



Date
TBD
5th - 7th grade

Registration fee: **\$120**

Deadline for application and acceptance is TBD

Child's Name: _____ Gender: _____

Birthday _____ Current Age: _____ Current Grade _____

Complete Mailing Address: _____

City _____ State _____ Zip _____

T-shirt size (please circle one)

Small (6-8) Medium (10-12) Large (14-16) Adult S Adult M Adult L Adult XL

.....
Parent/Guardian Name: _____

Home Phone: _____ Cell phone: _____

Parent's email: _____
.....

IN CASE OF EMERGENCY
- MUST BE COMPLETED -

I, being the parent or legal guardian of this child, give iRock Ministries or Cedar Ridge Adventures permission to act in my behalf in giving informed consent for medical treatment for my child when I am unavailable to give such consent on Date TBD. I also agree to pay for the performance of such treatment as deemed necessary in the opinion of the attending physician.

Emergency Contact (If different than Parent/Guardian): _____

Relation to Applicant: _____

Emergency Contact Number (If different than above): _____

Insurance Company _____

Policy number _____

Parent/Guardian signature _____

PRINT legal name _____

(Also complete Code of Conduct, participation waiver and indemnity agreement)

Chaperone Application

iRock Adventures
April 2016



Date
TBD
5th - 7th grade

Registration fee: **\$120**

Deadline for application and acceptance is DATE TBD

Chaperone Name: _____ Gender: _____

Birthday _____ Current Age: _____ Current Grade _____

Complete Mailing Address: _____

City _____ State _____ Zip _____

T-shirt size (please circle one)

Small (6-8) Medium (10-12) Large (14-16) Adult S Adult M Adult L Adult XL

Ministry Involvement: _____

Home Phone: _____ Cell phone: _____

Email: _____

Are you a Christian? _____ When did you receive Christ? _____ Are you attending church regularly? _____ Do you have a regular devotional and prayer life? _____ Are you baptized in the Holy Spirit? _____ Would others agree that you display a Christ-like character? _____ Can you be flexible without getting flustered? _____

List gifts, callings, training, education or other factors that have prepared you for Children's Ministry: _____

Have you completed a background check with your home church to work with children? If YES, when was it completed? _____

If NO, you will need to have one completed and on file with your home church before you are able to participate as a chaperone at Adventure camp. Date completed _____

Applicant's Statement

I am willing to abide by all camp rules, be given any assignment, be placed in any dorm, and if need be, go beyond the duties of my specific area. As a chaperone, I will submit myself to the Camp Director and prayerfully discharge my assigned duties. I realized this camp is for the children.

Applicant Signature: _____ Date: _____

(Also complete Code of Conduct, participation waiver and indemnity agreement)

CODE OF CONDUCT

As a follower of the Lord Jesus, our conduct should be a witness to others of a transformed life. Paul wrote to Titus, *“And show your own self in all respects to be a pattern and a model of good deeds and works, teaching what is unadulterated, showing gravity [having the strictest regard for truth and purity of motive], with dignity and seriousness. And let your instruction be sound and fit and wise and wholesome, vigorous and irrefutable and above censure, so that the opponent may be put to shame, finding nothing discrediting or evil to say about us”*. (Titus 2:7-8, Amplified Bible, emphasis added)

Recognizing Jesus as the author and finisher of my faith, and the Word of God as the supreme standard for all wisdom and knowledge, it is my aim to exemplify Christ-like character in all that I say and do. I will refrain from anything (e.g., alcohol, tobacco, drugs, pornography, profanity) that may distract from my Christian testimony.

I will endeavor to bring glory and honor to the name of Jesus through my ministry and allow the love of the Spirit to flow through me.

I realize that I have been crucified with Christ and that my life belongs to Him. It is my desire to develop myself as a servant and to seek opportunities to serve, realizing that love exalts and prefers others to self.

As a camper at “iRock Adventure Camp”, I take the potential of becoming a leader as a personal call on my life. It is my aim to recognize my gifts and spend time discovering how God has created me.

I will submit myself to the established leadership of iRock Adventures and those leaders that have been given authority to act on behalf of iRock Adventures. I realize that my participation as a camper is a privilege and a call from God, not a right. I purpose to give my best and to positively support the ministry of iRock Adventures.

Signature

Date

**CEDAR RIDGE ADVENTURES CHALLENGE COURSE AND ADVENTURE PROGRAMS -
RELEASE AND WAIVER OF LIABILITY AND INDEMNITY AGREEMENT**

In consideration of being permitted to participate in the Cedar Ridge Adventures Challenge Course Program (hereinafter referred to as "program") and activities of the Adventures Department of Cedar Ridge Children's Home and School Inc (hereinafter referred to as "CRA") the undersigned is aware that the program involves a variety of activities including warm-ups, group initiatives, low and high challenge course elements, and other potentially rigorous physical adventure activities and is aware of the physical and emotion-al risks inherent in the participation in such activities and in the use of CRA equipment and facilities.

Furthermore the undersigned has been advised of the voluntary nature of the program and is aware that they may decline to participate in the program, or in any part of the program, if they so choose. In further consideration of being permitted to enter CRA property for any purpose including, but not limited to, observation or use of facilities or equipment or participation in any off-site program affiliated with CRA, each of the undersigned hereby agrees to the following:

1. To release, waive, discharge, and hold harmless CRA, its directors, employees, representatives, affiliates, and agents (hereinafter referred to as "releasees") from all liability to the undersigned, his personal representatives, assigns, heirs, and next of kin from any loss or damages, and any claim or demands therefore on account of injury to the person or property or resulting in death of the undersigned, whether caused by the negligence of the releasees or otherwise while the undersigned is in, upon, or about the premises or facilities or equipment therein or participating in any program affiliated with CRA.
2. To indemnify and save and hold harmless the releasees from any loss, liability, damage or cost they may incur due to the presence of the undersigned in, upon, or about the CRA premises or in any way observing or using any facilities or equipment of CRA or participating in any program affiliated with CRA whether caused by the negligence of the releasees or otherwise.
3. To assume full responsibility for any risk of bodily injury, death, or property damage due to negligence of releasees or otherwise while in, upon, or about the premises of CRA and/or while using the premises or facilities or equipment therein or participating in any program affiliated with CRA.
4. To approve and release to CRA the use for any purpose of any photographic or video recorded image of the participant listed below.
5. To give permission for transportation to any medical facility or hospital, and to authorize any qualified instructor or medical personnel to render necessary emergency medical care for the participant listed below.

The undersigned further expressly agrees that the foregoing release, waiver, and indemnity agreement is unconditional and is intended to be as broad and inclusive as is permitted by the law of the State of Maryland and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

I, the undersigned as participant and/or parent or guardian of the named participant, have read and voluntarily sign this release and waiver of liability and indemnity agreement with the intent of affirming and making effective all representations made herein. I further attest that no oral representations, statements, or inducements apart from the foregoing written agreement have been made.

PARTICIPANT (print name)

PARTICIPANT SIGNATURE

DATE

PARENT OR LEGAL GUARDIAN MUST SIGN BELOW FOR ANY PARTICIPANT UNDER 18 YEARS OF AGE

PARENT OR GUARDIAN (print name)

PARENT OR GUARDIAN SIGNATURE

DATE

Disclosure:

Cedar Ridge Adventures involve a variety of activities that often include warm-ups, games, group initiative problems, high and low challenge ropes course elements and other rigorous physical adventure activities. (The level of participation in a Cedar Ridge Adventure activity is at all times completely up to the individual's choice). Yet there is a risk, which must be assumed by each participant, that he/she may suffer an emotional or physical injury of disability.

Cedar Ridge Adventures' policy for participation in all activities requires that the participant's health and accident insurance provide the primary coverage for participants. CRA reserves the right to refuse services to those persons not covered by health and accident insurance.

Certain health/medical information must be made known to the Facilitator/s conducting the programs so that they are prepared to respond appropriately if the need arises.

Please complete this form and return to CRA prior to participating on the course. *PLEASE PRINT!*

Name: _____ Age: _____ Phone: (____) ____ - _____

Address: _____

City: _____ State: _____ ZIP: _____

Health/Accident Insurance Co. : _____ Policy # _____

1. Do you have any limiting physical disabilities, handicaps, or chronic back and/or joint conditions (temporary or permanent)? Yes No If yes, please explain:

2. Are you currently taking medication? Yes No If so, list the type of medication, for what condition it is prescribed, and recommended dosage. The participant must bring adequate amount of medication in waterproof, non-breakable containers.

3. Have you had or do you have asthma, diabetes, thyroid trouble, bleeding problems, epilepsy, or any type of arthritis? Yes No If so, please provide details and present condition:

4. Allergies:
 Yes No - Medications, (ex. penicillin, aspirin, sulfa, etc.)
 Yes No - Insect bites, (ex. bees, wasps, spiders, etc.)
 Yes No - Foods, (ex. milk, seafood, etc.)
 Yes No Other substances (ex. dust, ragweed, poison ivy, hard work, etc.)
 If yes, please give details, date of last reaction, and any treatment given: _____

5. Do you have any special dietary restrictions? Yes No If so please give details:

I have read the enclosed information and understand the physical and stressful nature of Cedar Ridge Adventures. I have noted any medical or physical conditions which might affect my ability to participate in any activity. As a participant, I will at all times wear any required equipment, and follow the directions of the CRA Facilitators and Instructors.

Permission is granted by those signed below for any emergency medical care, anesthesia and/or operation which might become necessary.

Permission is also granted to Cedar Ridge Adventures and iRock Ministries to use audio and/or visual recordings for promotional purposes.

Applicant Signature: _____ Date ____/____/____

Parent / Guardian Signature: _____ Date ____/____/____

Emergency Contact Phone No. _____

If applicant is under the age of 18, challenge course participation will not be allowed without signature of parent/guardian. This policy is strictly enforced. No Signature = No participation!

CONTACT US



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